

DUTCH FFF CLUB BOOK

1980

REGLEMENTEN 1980

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FORD 1600 & FORMULA FORD

1. Description

Single seater racing (gas, 88, defined) and Formula 3 (Appendix - J, Art. 273, 276), and these regulations.

- (a) Formula Ford 1600 fitted with standard transmission and underdrive gearbox.
- (b) Formula Ford 1600cc GT Kent engine.
- (c) Formula Ford 2000 fitted with standard Ford 2000cc SOHC NEA engine.
- (d) Unless otherwise stated, all following regulations apply to both 1600 and 2000.

2. Safety

See safety requirements nos. Ital. (b), (f), (h), (i), (ii), 21(c), 31(d), 3b, 4, 5, 6, 7(d), 8, 9, 10, 11, 13.

3. Chassis

The chassis must be of tubular construction with high stress bearing spars, except tubular and underdrive structure of the undercarriage must not exceed 2.54m². The nose frame construction is limited to 1.96m². Sress members must be of thin-walled sheet metal attached to the frame by welding, bolting or bolting or screws and rivets. All engine components, not covered by these regulations, must remain completely standard and undamaged.

4. Bodywork and Aerodynamics

See table of single seater dimensions, Appendix, nose fairings and wings, maximum weight and proportions on FF 1600.

5. Engines

- (a) Engines will be mounted longitudinally and transverse to the chassis.
- (b) A single cam-shaft assembly will be used on a standard like manifold, free clearance of 10mm, B.W. 10 kg D.G.W. 22.7kgm K.M. 4500 rpm, torque from 0-1600 GT K.M. of 29000 SGHC MEA, Virginia. This air cleaner may be removed and it is permitted to fit a bell mouth in the manifold, but catches may be removed, but must remain standard and no polished or polished is permitted.
- (c) The addition of material by any means to any component is prohibited.
- (d) It is permissible to remove or replace damaged valve guides, valves, seats and cylinder bores by replacement. Cast iron valve guides, valve seat inserts and cast iron cylinder heads, are to be standard components.
- (e) Balance and eccentric control carburetors is permitted only by removal of metal from locations.
- (f) Non-standard rocker covers are permitted, provided they in no way interfere with the performance of the engine.
- (g) Standard valve spring retainers must not be used and single valve springs only are permitted. Shim and shim and valve springs are allowable here.
- (h) Exhaust system must resemble aircraft exhaust within vehicle regulations.
- (i) Lubrication system is free. Dry sump, no pumped. Localised machining of the cylinder block is permitted to allow fitting of oil pump.

- (j) Oil coolers are unrestricted.
- (k) A quiet cooling system is mandatory but radiator and water pump are unrestricted. Distractors are unrestricted, provided they retain the original intake air location.
- (l) Only the standard inlet manifold may be used. No modifications will be permitted and the bore of the castings must remain untouched and in its original condition. The carburetor seat base may be machined.
- (m) Gaskets and seals are free except for cylinder head and carburetor to inlet manifold gaskets which must be standard Ford manufacture for the engine. The fitting of valve stem seals is optional. Inlet and exhaust manifold gaskets must be of approximately standard production thickness. For FF 2000, Ford head gasket part No. 70H46051B3B is permitted.
- (n) Pump, fan and generator drive pulleys are unrestricted.

- (o) The crankcase breather may be altered or removed, but all breathers must discharge into a catch tank.
- (p) Mechanical fasteners, shims may be used.
- (q) Generators are optional.
- (r) Standard oversize and undersize measurements are permitted.
- (s) The use of non-standard replacement fasteners, nuts, bolts, screws, studs and

washers which do not interfere with the engine must be maintained. The original 45° seat angle must be maintained. Distance apart at centres 39.12 - 5mm.

Only modifications to existing parts of the engine or its compulsory accessories is permitted.

(v) Any modifications or additions specifically covered by these regulations are permitted. All engine components, not covered by these regulations, must remain completely standard and undamaged.

FF 1600

The only permitted engine is the Ford 1600cc GT Kent, with nominal bore 90.8mm and stroke 77.68mm. Production tolerances are governed, providing the total swept volume does not exceed 161.9cc.

(a) Pushrods, rockers, racing, bevels, bevels, debacles (b) Reinforcing of valve stem carriers and on rocker arm is permitted provided not more than 1.8mm (1/16 in.)

(c) The camshaft must remain entirely unmodified. It must be fully manufactured by one Ford Motor Co. It is prohibited to grind from blanks, regrind or reshaft. Tufftriding or Parkersing is permitted.

(d) Shot peening, shot blasting or polishing are prohibited. Oil-tight drive柔们 are permitted. Lobe heel— inlet 33.300mm lobes, heel exhaust 33.323mm (1.3132in). Maximum lift at all positions on the camshaft must be removed. Maximum base radius— 13.77mm. Maximum fit at top of push rod— inlet $\leq 3.17\text{mm}$, exhaust 5.94mm . Maximum fit at spring cap with zero end clearance— inlet 9.042mm , exhaust 9.939mm , maximum valve lift— inlet timing at maximum valve lift— maximum cam 105 deg. Minimum base radius— 13.77mm.

(e) A standard cam-shaft must be used. Seat machining to achieve balance is permitted. Tufftriding, shot peening and shot blasting is permitted. Polishing of the camshaft is prohibited. Crankshaft gullet is fixed as is each belt drive. The cylinder head and clutch assembly must be standard components from factory, ie. piston, piston rings, piston pins, piston blocks, cylinder block, piston rods, cylinder head and clutch assembly.

(f) Maximum combustion volume controlled by removal of metal within 41cc. Into account taken at volume shown as top compression ring.

(g) Standard Ford gasket; minimum thickness 1.6mm minimum diameter of 15.6mm (30pm).

(h) The cylinder head must protrude above cylinder block surface by at least 1mm. No account is taken of valve protrusion into chamber.

(i) It is permissible to reshape inlet and exhaust ports by removal of metal within 41cc. Into account taken at the vertical measurement thus will be accepted if the casting is in its original state and untouched. Maximum port diameter at manifold, head face— exhaust 28.4mm .

(j) On standard inlet manifolds the outer parts sometimes exceed the maximum of 31.5mm at the head face in the vertical measurement thus will be accepted if the casting is in its original state and untouched. The carburetor manifold flange aperture must have— maximum length 96.52mm . Maximum primary intake pipe radius 16mm .

(k) Maximum secondary intake pipe radius 20mm .

(l) Pistons must be standard Ford produced pistons, ungrooved in any way except for balancing and similar.

(m) Replacements, i.e. the compression rings must be one piece, single homogenous material type with conventional plain caps.

(n) Connecting rods must be standard machine. It is permitted to remove metal from the balancing hoses to achieve better balance. Tufftriding, shot peening, shot blasting, grinding, are permitted.

(o) Valve stems must remain standard. The original 45° seat angle must be maintained.

(p) Maximum face diameter inlet 42.2mm , maximum face diameter exhaust 36.2mm .

(q) Overall length exhaust 111.15mm .

(r) Maximum valve stem diameter 8mm .

(s) Connecting rods must be standard machine. It is permitted to remove metal from the balancing hoses to achieve better balance.

(t) Flexible mounts for the carburetor may be incorporated providing they do not exceed a maximum of $<25\text{mm}$ from centre to centre.

(u) Maximum valve lift against cam angle with zero cam clearance.— All angles measured from point A.

(w) Valves must remain standard. No regrinding is permitted. The original 45° seat angle must be maintained. Distance apart at centres 39.12 - 5mm.

(x) The only permitted engine is the Ford 2000cc NEA series engine with nominal bore 90.8mm and stroke 76.85mm. Production tolerances are permitted, providing the total swept volume does not exceed 200.06cc.

FF 2000

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(a) Two camshafts and rockers must remain entirely unmodified, they must be full.

(b) Spur manufacturing to achieve balance is permitted. Tufftriding, shot peening, shot blasting, and polishing are permitted. Flywheel teeth are free and sealing dowels are permitted. Flywheel and clutch assembly minimum weight 298lbs (13.15kg). A 1600 GT starts 1700 gear may be fitted.

(c) Maximum compression ratio will be controlled as follows—

(d) A standard crankshaft must be used. Spur manufacturing to achieve balance is permitted. Tufftriding, shot peening, shot blasting, and polishing are permitted. Minimum weight 281lbs.

(e) The flywheel must be a standard component. The clutch may be a standard unit or Ad.Coven plate assembly GP 2511-1 with driven plate GP 2324-4 or 2347-5. Spoke manufacturing to achieve balance is prohibited. Flywheel teeth are free and sealing dowels are permitted. Flywheel and clutch assembly minimum weight 298lbs (13.15kg). A 1600 GT starts 1700 gear may be fitted.

(f) Maximum compression ratio will be controlled as follows—

(g) Piston basket; minimum thickness .50cc.

(h) Standard Ford basket; minimum thickness .50mm. Minimum diameter of cylinder liner 92.0mm (3.625in).

(i) It is permissible to reshape inlet and exhaust ports by removal of metal within 31.7mm. Minimum diameter of cylinder liner 92.0mm (3.625in).

(j) Piston rings must be standard Ford produced piston rings, ungrooved in any way except for balancing and similar.

(k) Maximum diameter of the top surface of the piston crown within limits is permitted. Minimum diameter of piston crown face 39.3mm . Maximum distance of exhaust port to minuted face 18.5mm $< 27\text{m}$. The distance between the valve centreline and the angles of the valves must not be altered.

(l) Pistons must be standard Ford produced piston rings, ungrooved in any way except for balancing and as specified. Localised machining of the judgment pin bosses to achieve balance and weight and suitable machining all the top surface of the piston crown within limits is permitted. Minimum weight of piston complete with rings and judgment pin and connecting rod less than bearing 2lb 11oz.

(m) All three piston rings must be street Ford pistons, ungrooved in any way except for balancing and as specified. Localised machining of the judgment pin bosses to achieve balance and weight and suitable machining all the top surface of the piston crown within limits is permitted. Minimum weight of piston complete with rings and connecting rod less than bearing 2lb 11oz.

(n) Maximum face diameter inlet 42.2mm , maximum face diameter exhaust 36.2mm .

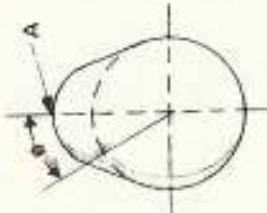
(o) Overall length exhaust 111.15mm .

(p) Maximum valve stem diameter 8mm .

(q) Connecting rods must be standard machine. It is permitted to remove metal from the balancing hoses to achieve better balance.

(r) Flexible mounts for the carburetor may be incorporated providing they do not exceed a maximum of $<25\text{mm}$ from centre to centre.

(s) Maximum valve lift against cam angle with zero cam clearance.— All angles measured from point A.



6. Suspension

All parts must be of steel or ferrous materials with the exception of spars in hub adaptors, rear hub bearings and bushes.

7. Brakes

Aluminium Alloy brake callipers are prohibited, otherwise unrestricted.

8. Shock Absorbers

Free.

9. Steering

(a) FF 1600.

13mm diameter steel wheels with a maximum rim width of 5mm are the only wheels permitted. They must be of standard manufacturer but the offset may be altered. It is recommended that weekly checks are carried out and that wheels be renewed twice a year.

The only tyres permitted are those listed in Tyre regulations.

(b) FF 2000.

12mm diameter wheels with maximum front rim width 6mm and rear 5mm are the only wheel sizes permitted. Material is unrestricted providing it is metal.

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11. Transmission

(a) The gearbox must include an operable reverse gear, capable of being engaged by the driver whilst normally seated, and contain no more than four forward gears. The ratios are free.

(b) Rear wheel drive only is permitted.

(c) Final drive ratio is free.

(d) Torque biasing, limited slip and locked differentials are prohibited.

12. Fuel System

Fuel tanks outside the chassis frame must comply with FIA Spec FT3. Inboard fuel tanks, covered externally with a fibreglass coating, are acceptable for events less than 70kms (44 miles).

13. Fuel Capacity

Maximum capacity 41 litres (9 gallons)

14. Weight

(a) FF 1600 400kgms (889lbs) minimum.

(b) FF 2000 440kgms (970lbs) minimum.

15. Engine Settings

All engines must have provision for scrutineers with seals 3-16mm holes punched in readily accessible locations on installed engines are mandatory.

Angle	Opening	Inset Closing	Opening	Exhaust Closing
0	10.442	10.442	10.442	10.442
5	10.36	10.36	10.36	10.36
10	10.11	10.11	10.11	10.11
15	9.69	9.69	9.69	9.69
20	9.11	9.11	9.11	9.11
25	8.37	8.37	8.37	8.37
30	7.45	7.45	7.45	7.45
35	6.38	6.38	6.38	6.38
40	5.17	5.17	5.17	5.17
45	3.86	3.86	3.86	3.86
50	2.59	2.58	2.58	2.59
55	1.50	1.47	1.47	1.50
60	0.86	0.81	0.81	0.86
65	0.65	0.56	0.56	0.65
70	0.54	0.43	0.43	0.54
75	0.46	0.33	0.33	0.46
80	0.37	0.19	0.19	0.37
85	0.28	0.08	0.08	0.26
90	0.20	0.03	0.01	0.20

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YAVIATIONS TO RAC REGULATIONS FOR 1980

Para 3 Chassis

Line 8

Para FF 1600 (J)

line 5/6

Para 5 Engines (n)

Line 6

Para FF 2000 (F)

Line 13

Para 6 Suspension

Line 3

Line 1

Para 4 Bodywork etc.

Line 4

Formula Ford 1600 & Formula Ford 2000

Delete word rivetting.

Insert word rivets.

At end of line after 'pattern' delete full stop start replacements with small 'r'

At end of para

Add new sentence

"The water passage in the inlet manifold

may be blanked off or plugged"

Delete full stop and insert small 'r' as for FF 1600

Deletes 'rear'

Add* from 1.1.81 Alloy Casing Prohibited*

Delete Skirts are prohibited on FF 1600
Add* For 1600, any device designed to aerodynamically augment the downthrust on the vehicle is prohibited.

VARIATIONS TO RAC REGULATIONS FOR 1980

Sports 2000

Para 3 Chassis
Line 2

Delete of the structure
'Insert' in the longitudinal section of the chassis
structure between the steering wheel and the seat
back'

Para 3 Chassis
Line 6

'At end of paragraph add sentence
Within the total plan form of the vehicle, the lower
surface (surface licked by the air stream) shall not
exceed 2.53cm (1 inch) deviation in any section
through that surface(s)'.

Para 4 Bodywork etc.(g)
Line 5

After vertically insert $\pm 20^\circ$
Para 13 Fuel Capacity
Line 1

Add an FT3 Spec fuel cell of 12 gals capacity is
permitted

Aanvulling op het R.A.C. reglement.

FF 1600

Zoals verleden jaar zal ook nu weer op kleiner banden gereden worden.
Het type en het compound zullen dezelfde blijven.

FF 2000

Deze klasse zal dit jaar op de banden uit de Super VW gaan rijden.
Het type is mark 3, dat waarschijnlijk speciaal voor de FF 2000 de
aanduiding Euroserie krijgt.

Sports 2000

Deze klasse blijft op de door de R.A.C. voor geschreven banden rijden.

De banden voorgeschreven in de twee formule klassen, gelden alleen voor
de volgende klasse: Euroserie - Benelux en Nederlands Kampioenschap.
Buiten deze kampioenschappen dient men zich aan het R.A.C. reglement
te houden.

Nederlandse Kampioenen.

<u>FP 1600</u>	<u>FF 2000</u>	<u>Sports 2000</u>
1970 Huub Vermeulen		
1971 Huub Vermeulen		
1972 Roelof Wunderink		
1973 Roelof Wunderink		
1974 Boy Haye		
1975 Jim Vermeulen		
1976 Michael Bleekemolen		Ros de Giaxa de Salvi
1977 Maarten Henneman		'Rob Leeuwenburg
1978 Ed Brouwer		Maarten Henneman
1979 Hans Volker		Ros de Giaxa de Salvi